



Join Raising HOPE - women mentoring women Become a Raising HOPE Mentee or Mentor

Raising HOPE (Help, Opportunity, Passion, Empowerment) is a women's mentoring program that helps women achieve personal, educational and career goals with the help of a mentor to guide, advise, and encourage them.

We provide virtual and in-person orientation and training, workshops, strategy sessions and on-going support. Mentors & mentees have flexibility to meet in person or virtually.

Our Mentee program is open to women 18-40, free of substance abuse and domestic violence for at least 6 months. Mentors must have a sincere desire to help another woman and be at least 30 years old.

For more information contact: Amy at 845.331.4199 ext. 4
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Raising HOPE
is a program of the
United Way of Ulster County

450 Albany Avenue, Kingston



Look for us on
social media



ulsterunitedway.org/raising-hope